

Registration:

Athlete First Name _____

Athlete Last Name _____

Athlete's date of birth _____

Player's Current /Most Recent
Team _____Player's 1st choice of Position
_____Player's 2nd choice of Position

Parent's Name _____

*Parent's email
address: _____

*important as waiver will be emailed out prior
to camp for athletes to bring completed the
morning of day #1

Parent contact number _____

Athlete's AHC _____

Are there any allergies or medical conditions that
the Athlete has, that coaching staff should be
aware of-including any past injuries?
(Information will be kept confidential, but it is
very important in the event of an emergency)
NO/YES. If yes, please specify.

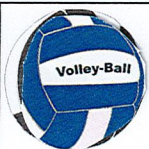
May Aspire and DV Volleyball Association
take photographs or video materials featuring
your child for promotion? (Y/N)

Please mail this registration form with the camp



**ASPIRE GR 9-12 HS
GIRLS VOLLEYBALL
CAMP AUG 19-23, 2024
DRAYTON VALLEY, AB**





Aspire Girls Volleyball Camp

Dates- Mon Aug 19-Friday Aug 23, 2024
Location: Frank Maddock HS 4801-43 St
Drayton Valley, AB

The camp is designated for girls **Gr 9-12 entering High School** who have played some school or club volleyball, and are interested in improving their skills and game play. The main coach for the camp is Lorne Sawula (former coach for Canadian Women's National Team). The camp will be capped at 24 girls (2 courts) and there will be four other Level 1-2 coaches facilitating the camp. If the athlete is slightly younger or older than the 14-17 age range, please email the camp director at deanne.hutchinson@wrsd.ca to see if there is availability. The camp will also include some specialty sessions on fitness, sports psychology and flexibility. The participants will also receive a t-shirt, personal journal and a resistance band which they will be all be using in some of their sessions! Looking forward to working with you and sharing our love of volleyball!

Daily Camp Schedule for 5 Day Camp:

8:50-9:00 am Arrive at Gym
9:00-9:15 am Info Session and Warm up
9:15-10:00 am Skill Session #1
10:00-11:00 Skill Session #2
11:00-12:00 Skill Session #3
12:00-1:00 Lunch
1:00-1:30 Warm up and Linking Skills
1:30-2:15 Linking Session #1
2:15-3:00 Linking Session #2
3:30-3:45 Specialty Session
3:45-4:00 Cool down, closure & 1 on 1 time with coaches

Please mail all registrations to:

DV Aspire Camp

Deanne Hutchinson
Box 1 Compartment 6 Site 447 RR2
Drayton Valley, AB
T7A 2A2

If you have any questions, you can email me at deanne.hutchinson@wrsd.ca

CAMP FEES:

-Early Registration \$425
(prior to Mar 22, 2024))
-Regular Registration \$475
(after Mar 22, 204))

Cancellation deadline:

Prior to June 1st full refund less \$35 admin fee
After June 1st \$150 refund
After June 15th no refunds unless medical note or family emergency

Registration form on the back side of this pamphlet.

Cheques can be made payable to:
Drayton Valley Girls Volleyball Club

*note there may be more than 24 girls applying to go in the camp. **The earlier the athletes register first will have a greater chance of their first choice of position.** The camp is planning on having 4-6 setters, as well as specific # of power hitters, middle blockers, right- side players and liberos. This will help to facilitate game play at the end of each day and at the end of the camp.

